



NCISM College Code : AYU 0720
MUHS College Code : 123123

Sanjivani Rural Education Society's

SANJIVANI COLLEGE OF AYURVEDA AND RESEARCH CENTER

(Recognized by National Commission for Indian System of Medicine,
Ministry of AYUSH, Govt. of India, New Delhi &
Affiliated to Maharashtra University of Health Sciences, Nashik)



Ref. No. :

Date : / / 20

SWASTHAVRITTA COURSE OUTCOME (CO):

BY THE END OF COURSE, STUDENTS WILL GET FOLLOWING PROFICIENCIES.

*Understanding the dimensions of health in relation with preventive ideology of Dinacharya in Swasthavritta and yoga.

*Technical capabilities--- Developing skill of performing various shatkarmas and yoga and correlating it with clinical applications for betterment of health.

*Knowing the basics of Ayurvedic dietetics and its application to maintain health status in healthy and diseased individuals as well.

*To know the detailed aspect of epidemiology and applying for it for serving the society.

*To develop communication skill in students to provide clinical care within professional limits.

Principal
Sanjivani College of Ayurveda
& Research Centre
A/p. Khirdi Ganesh, Tal. Kopergaon