



NCISM College Code : AYU 0720
MUHS College Code : 123123

Sanjivani Rural Education Society's

SANJIVANI COLLEGE OF AYURVEDA AND RESEARCH CENTER

(Recognized by National Commission for Indian System of Medicine,
Ministry of AYUSH, Govt. of India, New Delhi &
Affiliated to Maharashtra University of Health Sciences, Nashik)



REG. NO. :

Date : / / 20

Dept of. Swasthavritta

Swasthavritta is 'Ayurvedic preventive & social medicine'. The department believes that healthy status depends on 4 levels – physical, mental, social and spiritual. Physical & mental Health depends on Dinacharya (daily regimen), Rutucharya (seasonal regimen). Social Health includes cure from epidemic diseases and occupational health. Spiritual Health is obtained by Yoga. Discipline of Naturopathy is taught in this department as well as Bio-statistics, a part of post graduate and PhD research is taught in this department. Social awareness is provoked by teaching and practical training to the students.

Speciality:

- The department creates awareness for better health by organizing camps and Yoga programme for society.
- To propagate alternate medical sciences like yoga & naturopathy for maintaining health and curing diseases.

Principal

Sanjivani College of Ayurveda
& Research Centre
A/p. Khirdi Ganesh, Tal. Kopergaon,